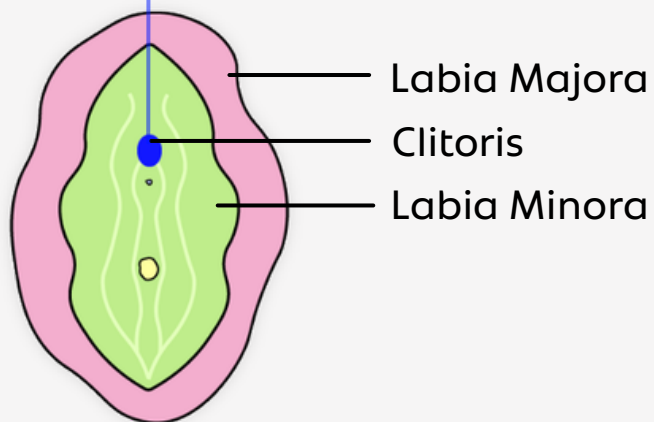


TYPES OF FGM/C

Type 1

CLITORIDECTOMY

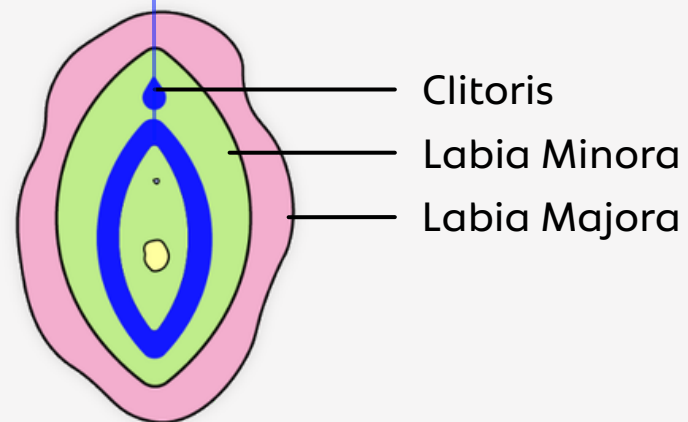
partial or total re-
moval of the clitoral
glans and/or the
prepuce



Type 2

EXCISION

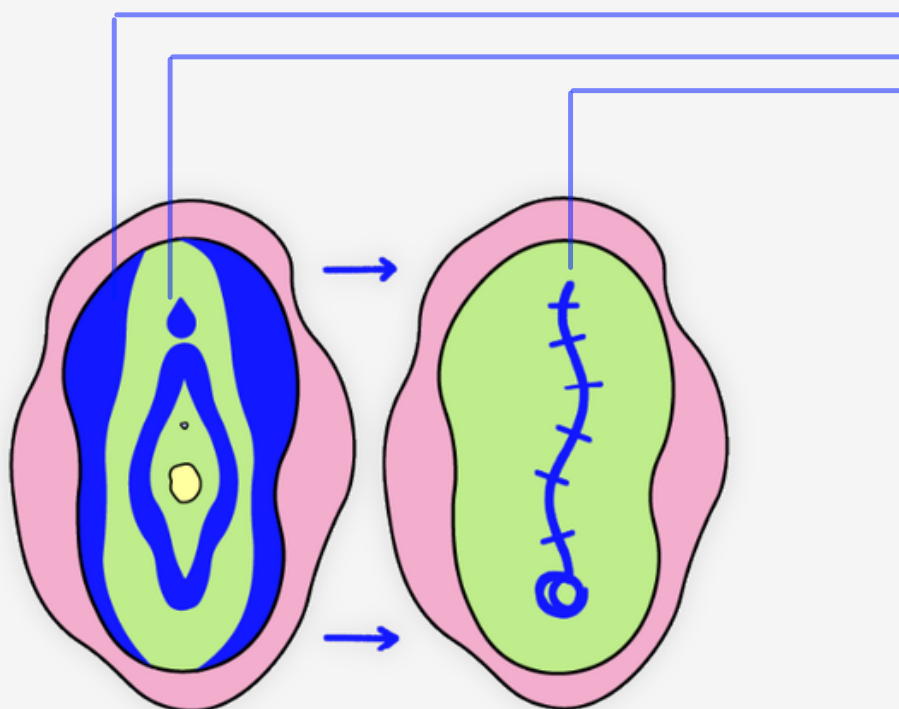
partial or total re-moval
of the clitoris & labia
minora, with or without
removal of the labia
majora



Type 3

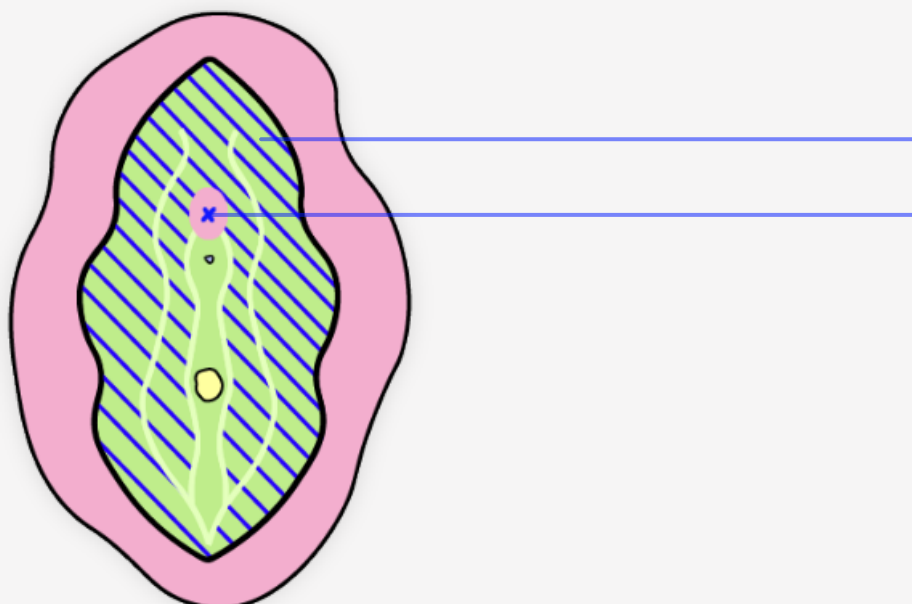
INFIBULATION

Narrowing of the vaginal
opening by cutting &
repositioning the labia
minora or labia majora,
sometimes with the
stitching of the area,
leaving a small opening.



Type 3

This includes all other
harmful procedures to female
genitalia for non-medical
reasons, including



EFFECTS OF FGM/C



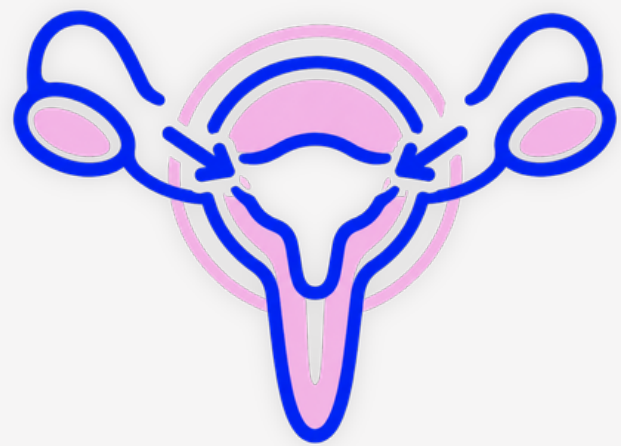
Severe pain,
haemorrhage, shock



Childbirth
Complications



Newborn
Deaths



Recurring Infections;
causing infertility



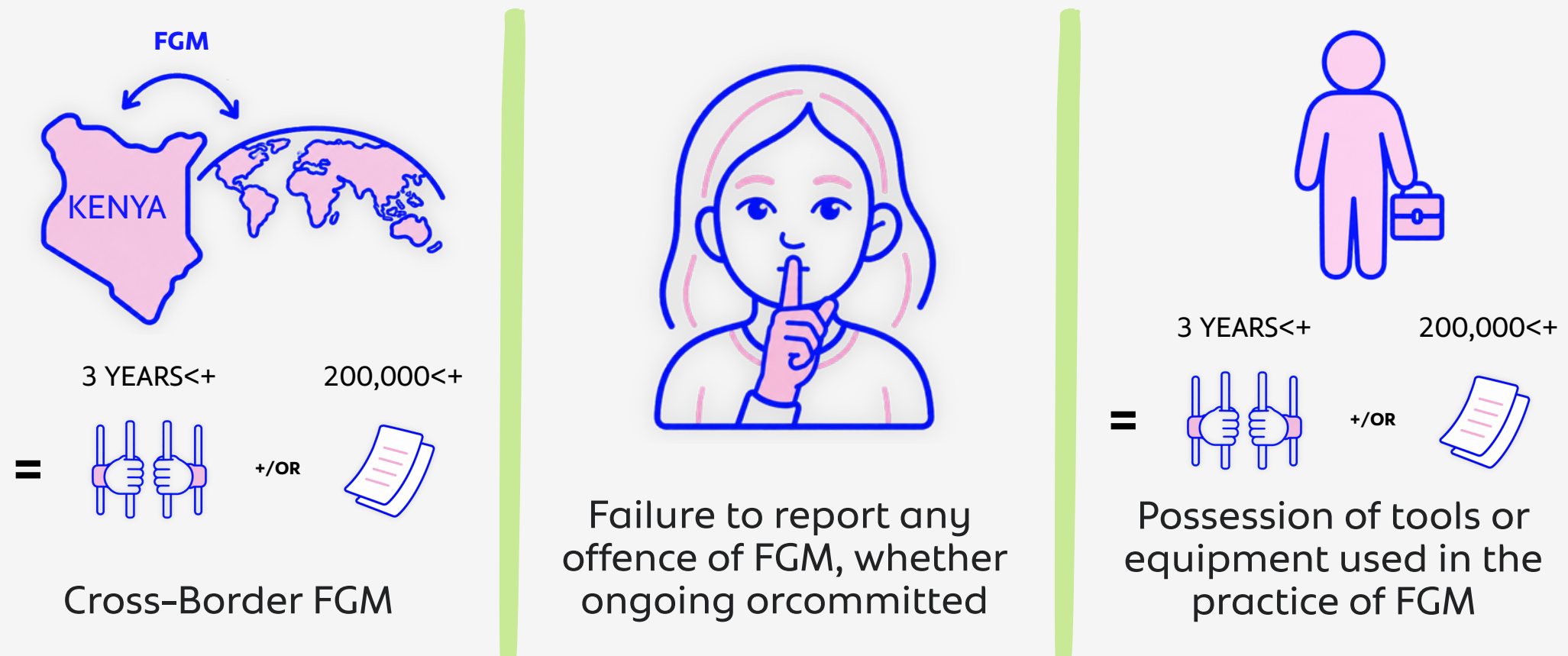
Psychological
Problems



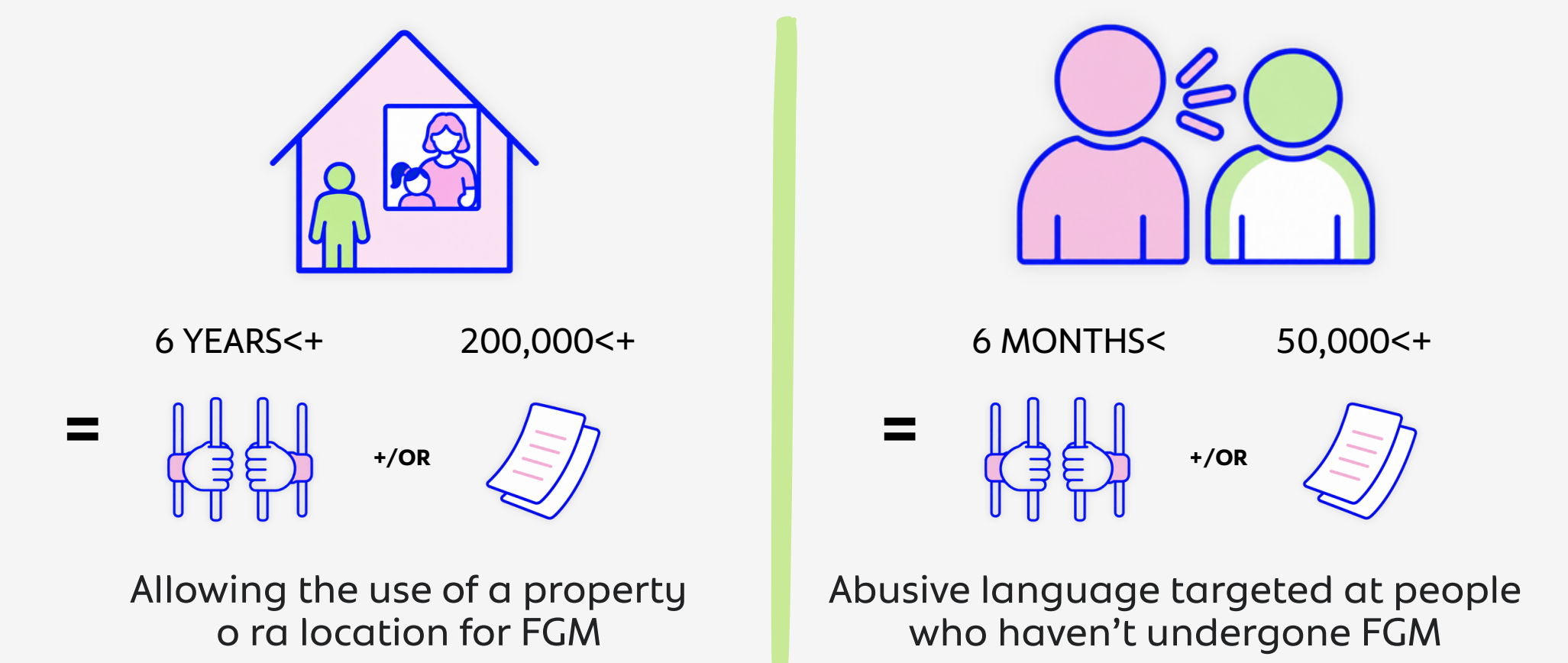
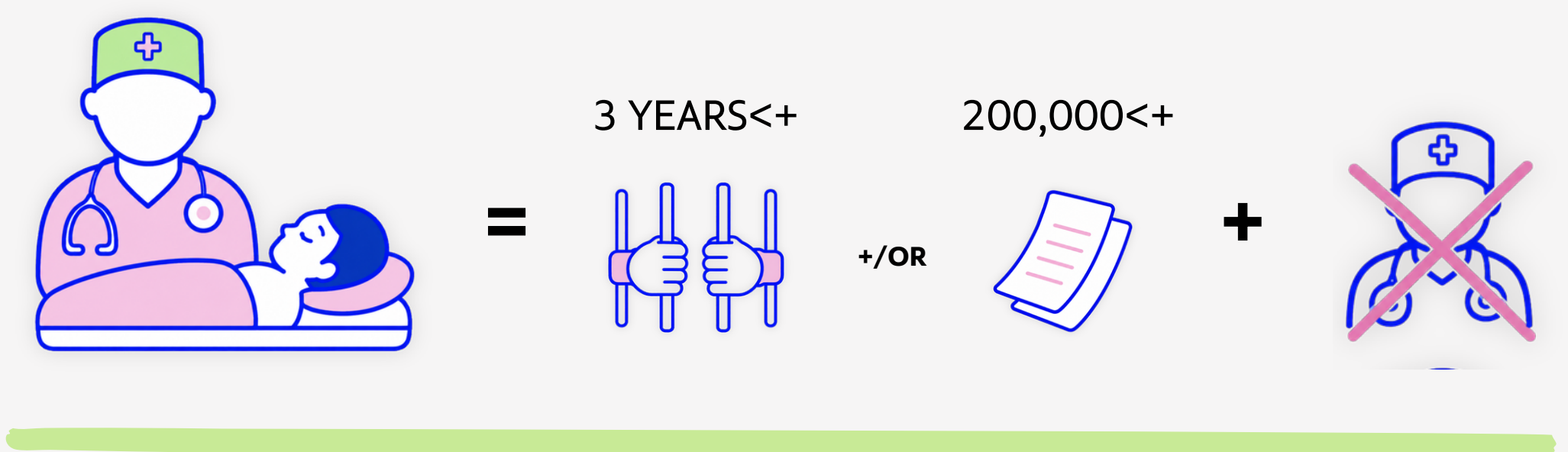
Menstrual complications
(dysmenorrhea)

ZINDUKA

FGM LAWS, OFFENCES & PENALTIES



Performance of FGM by medical personnel



COMMUNICATING ABOUT FGM/C



01.

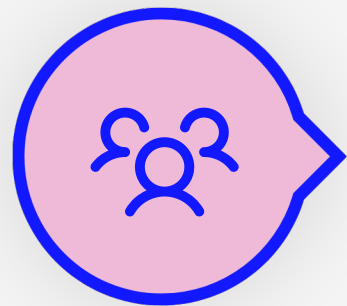
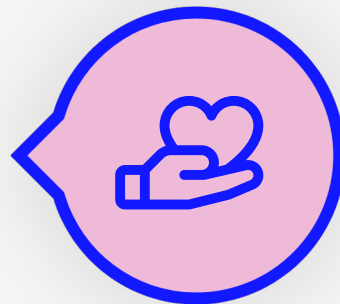
UNDERSTANDING FGM/C

Female Genital Mutilation (FGM) or Female Genital Mutilation/Cutting (FGM/C). FGM is FGM. There is no **hierarchy** of harm; all types are

02.

RESPECT FOR SURVIVORS

Recognize survivors' strength & resilience. Avoid pity & judgmental **language** like "barbaric" or "disgusting."



03.

INCLUSIVE COMMUNICATION

Foster a safe, **respectful** space. FGM affects **diverse** communities worldwide, not just specific regions or groups.

04.

FGM/C & RELIGION

FGM/C is not a religious **requirement** in any faith. It is rooted in tradition, not religious doctrine.



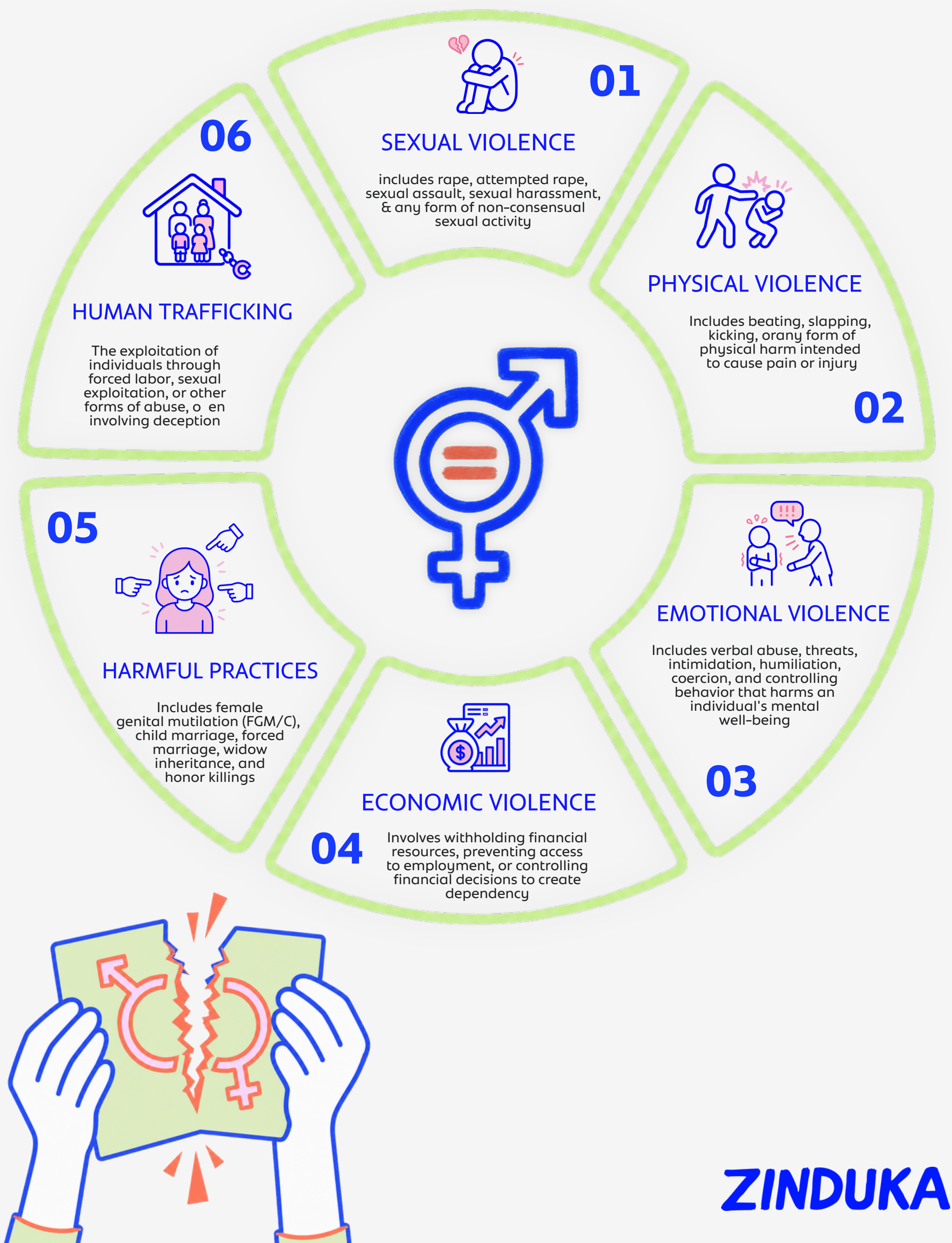
05.

GENDER & HUMAN RIGHTS

FGM is a **human rights** issue. Men/women must be involved in ending the practice.

ZINDUKA

FORMS OF SEXUAL & GENDER BASED VIOLENCE



DOMESTIC VIOLENCE

This is a pattern of abusive behavior used by one person to gain power & control over another in a **domestic** setting, such as a **relationship, marriage**, or **family**. It can take many forms, including **physical, verbal, sexual, financial**, and **psychological** abuse.

INTERVENTIONS

PREVENTION & AWARENESS

Circle of abuse & time-out procedure

Includes community outreach, school programs, media campaigns workplace & institutional policies



SURVIVOR SUPPORT SERVICES

Talk about it, offer counselling, make a safety plan together

Includes providing emergency housing for survivors, emotional & psychological support for healing & legal assistance



LAW ENFORCEMENT

Encourage reporting – Go to the doctor to get medical attention and the medical report, then to the police to fill in the P3 form for reporting the case



ECONOMIC EMPOWERMENT

Job training & entrepreneurship support for survivors to gain financial independence. Providing access to capital for women leaving abusive situations

FORMS OF SEXUAL & GENDER BASED VIOLENCE

Trauma affects the **body**, **mind**, and **relationships**, but healing is possible

EFFECTS OF TRAUMA



HOW TO SUPPORT HEALING



FGM TYPES MODELS



Normal Vulva



FGM/C Type 1



FGM/C Type 2



FGM/C Type 3



FGM/C Type 4



Internal Cysts



Keloids caused by FGM/C Type 2



Keloids caused by FGM/C Type 3



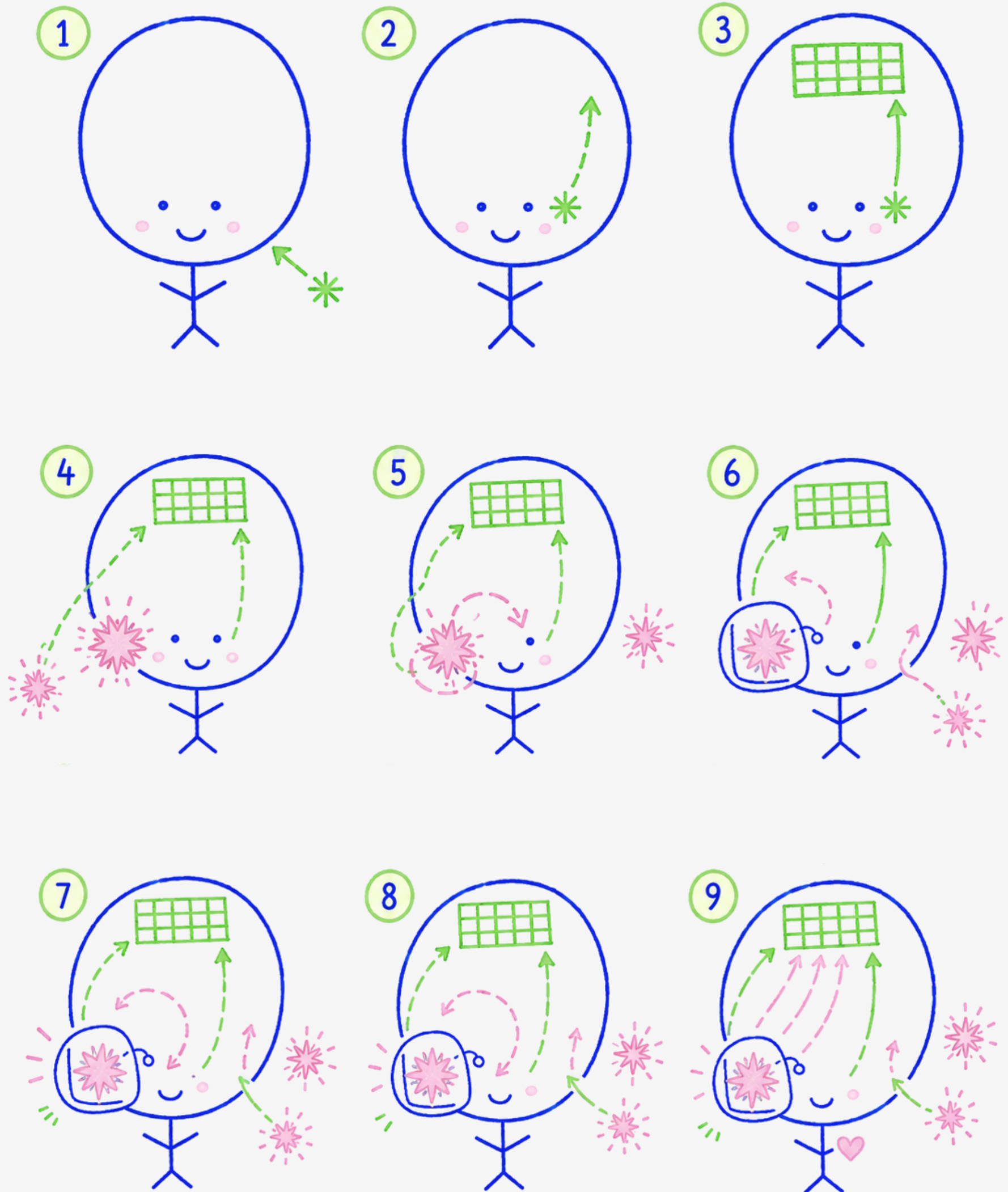
Normal Birth



Breaking when giving birth causing fistula

TRAUMA & BRAIN

In normal situations, the brain processes experiences and stores **them in long term memory**



FGM/C IN KENYA

FGM/C practiced by various communities across the country.

